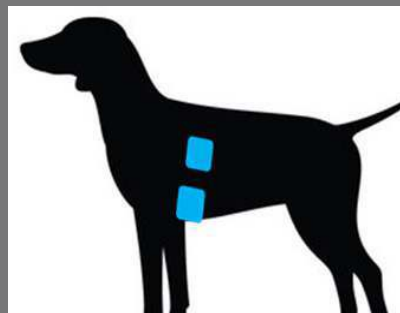
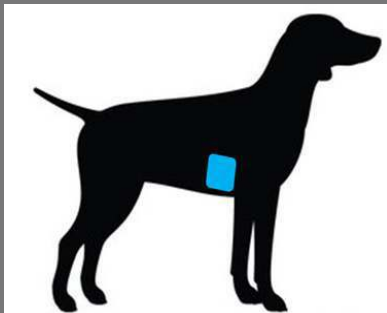


HOW TO FIT A HOLTER MONITOR

BEFORE THE HOLTER IS APPLIED, PLEASE ENSURE THE PATIENT'S HAIR IS CLIPPED IN 3 PATCHES, LARGE ENOUGH TO ACCOMMODATE THE ADHESIVE ECG PATCHES:

- ONE ON THE RIGHT SIDE:
JUST CAUDAL TO THE APEX BEAT (I.E. WHERE THE HEART BEAT CAN BE FELT, BEHIND THE RIGHT ELBOW)
- TWO ON THE LEFT SIDE:
UPPER PAD AT THE CAUDAL BORDER OF THE SCAPULA
LOWER PAD JUST CAUDAL DO THE APEX BEAT



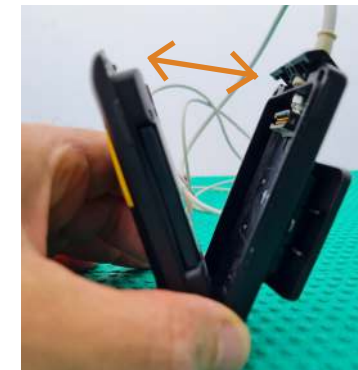
RIGHT SIDE



LEFT SIDE

- CLEAN THE SKIN WITH SURGICAL SPIRIT (WIPES PROVIDED) TO REMOVE GREASE AND DIRT AFTER CLIPPING. ALLOW TO DRY COMPLETELY.
- TAKE THE ECG PADS. PEEL OFF THE PLASTIC BACKING, PLACE A PAD ON EACH OF THE CLIPPED AND CLEANED AREAS. PRESS FIRMLY AROUND THE FLAT ADHESIVE EDGES (AVOID THE CENTRAL AREA WHERE PRESSURE MAY DISPERSE THE GEL, REDUCING ADHESION).

- OPEN THE HOLTER MONITOR BY PULLING UP THE TAB ON THE FRONT OF THE MONITOR ABOVE THE GREY CABLE AT THE BOTTOM.



- THE DIGITAL CF CARD IS PRELOADED – YOU DO NOT NEED TO REMOVE IT.

- LOAD THE BATTERY. .



- THEN CLOSE THE UNIT BY CONNECTING THE TOP HINGE. CLOSE THE TWO HALVES AND CLOSE THE BOTTOM TAB THAT YOU HAD USED TO OPEN THE HOLTER MONITOR.

THE HOLTER MONITOR WILL SWITCH ON AUTOMATICALLY (YOU SHOULD HEAR A BEEP).

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SELECT YOUR HOLTER RECORDING LENGTH. USE THE YELLOW BUTTON TO SCROLL UP OR DOWN AND THE GREEN BUTTON TO SELECT THE CORRECT OPTION.

- IF YOU HAVE ORDERED A 24-48 HOURS HOLTER SELECT **START**
- IF YOU HAVE ORDERED A 7 DAYS HOLTER SELECT **START WEEK**

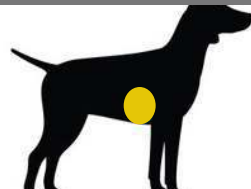


- THE NAME OF THE PATIENT WILL APPEAR ON THE SCREEN. USE THE **YELLOW** BUTTON TO SCROLL UP OR DOWN TO VIEW THE PATIENT DETAILS. PRESS THE **GREEN** BUTTON TO "CONFIRM" THE PATIENT DETAILS ARE CORRECT.

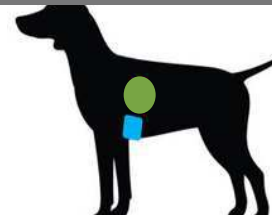
THE NEXT SCREEN WILL ASK IF YOU WANT TO START A "SPEECH RECORDING".

- YOU DO NOT HAVE TO RECORD ANY SPEECH, THEREFORE SCROLL DOWN TO "CONTINUE" USING **YELLOW** DOWN ARROW AND SELECT IT BY PRESSING **GREEN** BUTTON AND IT WILL MOVE TO THE FOLLOWING SCREEN.

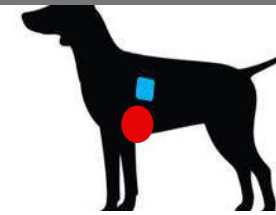
NOW PASS THE LEADS THROUGH THE HOLE IN THE HOLTER VEST FROM THE OUTSIDE TOWARDS THE PATIENT AND CONNECT THE LEADS TO THE ECG PADS AS FOLLOWS:



RIGHT SIDE - YELLOW



LEFT UPPER - GREEN



LEFT LOWER - RED

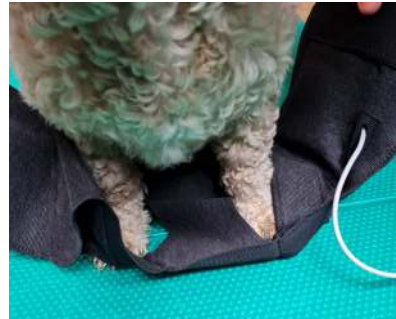
- AN ECG TRACE WILL NOW DISPLAY ON THE SCREEN



PRESS THE GREEN BUTTON AND SELECT "START NOW"

○ THE NEXT SCREEN WILL SHOW THE TIME AND SAY "RECORDING".

*** THIS SCREEN MUST BE SHOWING OTHERWISE THE TRACE WILL NOT BE RECORDING ***



○ HAVE THE PATIENT STEP IN TO THE LEG HOLES OF THE VEST. CLOSE THE HOLTER VEST AROUND THE PATIENT USING THE VELCRO TO ENSURE A SNUG BUT COMFORTABLE FIT.

- PLACE THE MONITOR IN THE POCKET OF THE HOLTER VEST.
- EXCESS LEAD LENGTH CAN BE RETRACTED AND STORED UNDER THE MONITOR IN THE POCKET WITH SOME SLACK TO ALLOW FOR PATIENT MOVEMENT.
- ENSURE NO LEADS OR ELECTRODES ARE VISIBLE WHICH MIGHT BE CHEWED AND THAT THE PATIENT IS COMFORTABLE.
- COVER THE HOLTER MONITOR IN THE POCKET WITH THE OUTER FLAP OF THE VEST AND SECURE THE VELCRO.



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- FILL THE HEADER OF THE HOLTER ACTIVITY DIARY AT FITTING OF THE MONITOR.
- GIVE THE HOLTER ACTIVITY DIARY TO THE PATIENT'S OWNER TO COMPLETE WHILST THE HOLTER IS IN PLACE, EXPLAIN HOW TO RECORD ACTIVITY AND ANY EPISODES.
- MAKE A NOTE OF THE START TIME DISPLAYED ON THE HOLTER MONITOR SCREEN AND THE TIME ON THE OWNER'S WATCH OR MOBILE PHONE FOR COMPARISON (SOMETIMES THE MONITOR CLOCK MAY BE SLIGHTLY OUT OF SYNCH WITH THE REAL TIME AS IT IS NOT A CONNECTED DEVICE). WE NEED TO BE AWARE OF ANY TIME DISCREPANCIES BETWEEN THE MONITOR CLOCK AND THE OWNER'S WATCH OR MOBILE PHONE WHEN INTERPRETING ABNORMALITIES SEEN ON THE TRACE, THAT THE OWNER HAS RECORDED ON THE ACTIVITY DIARY.
- ARRANGE AN APPOINTMENT FOR THE PATIENT TO RETURN FOR THE HOLTER MONITOR TO BE REMOVED AND RETURNED TO VVS FOR INTERPRETATION.

HOW TO REMOVE THE HOLTER MONITOR

- OPEN THE VEST BY UNDOING THE VELCRO STRIPS ON THE VEST.
- DISCONNECT THE LEADS FROM THE ADHESIVE ECG PADS
 - YOU CAN USE SPIRIT TO REMOVE THE ECG PADS THAT MAY BE FIRMLY ATTACHED TO THE PATIENT'S SKIN.
 - A TOPICAL PREPARATION CAN BE APPLIED IF THERE IS ANY REDNESS OR INFLAMMATION AT THE SITES OF ATTACHMENT
- DO NOT TURN THE MONITOR OFF OR REMOVE IT FROM VEST POCKET
- FILL THE HEADER OF THE HOLTER DIARY AT REMOVAL OF THE MONITOR AND RETURN THIS WITH THE MONITOR AND VEST IN THE ZIPPED PROTECTIVE CASE PROVIDED.

CONTACT VVS TO LET US KNOW THE HOLTER RECORDING IS COMPLETE BY EMAILING INFO@VVS.VET TO ARRANGE COURIER COLLECTION OF THE HOLTER MONITOR.

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— PRACTICE EXCELLENCE —